

CABIN FEVER HIKING CHALLENGE



HIKE #1

(FEBRUARY 1 - 21, 2021)

Location: Al Foster Memorial Trailhead located at 225 Grand Ave., 63038

Start/Finish: At the Al Foster Trailhead; where the mini railroad track crosses Grand Ave.

Amenities: Restrooms available at the parking lot near the start/finish; picnic tables and shade structures at the parking lot; over 104 parking spots at the trailhead. No potable water available

Distance: 2.62 miles round trip

Time: Average walking pace will take approximately 55 minutes

Difficulty: Easy (one short section "could" be considered moderate, but only because of the natural surface single track type trail)

Equipment: Sturdy/Comfortable shoes; water recommended depending on temperatures; bug spray highly recommended during summer months.

ROUTE:

Map Available on second page, or download the Wildwood Parks and Recreation Mobile App and you can find a trail map for this hike under the "Trail Maps" Category.







From where the mini railroad tracks cross Grand Ave., enter the chat Al Foster Memorial Trail and make a left turn (east); Proceed a short distance (.35 miles) and look for a natural surface single track trail and sign that says Bluff View Trail on the left; take this trail a short distance to a trail post and make a right turn; you will cross mini railroad tracks and bear to the left on a chat trail; follow this chat trail until it changes into a natural surface single track trail: bear to the left and proceed to a 90 degree turn to the right over a creek bed; from this point bear to the right; two (2) trails will come in on your left, but stay to the right; eventually you will come to the asphalt Rock Hollow Trail (you will have traveled approximately 1.35 miles); make a right onto the Rock Hollow Trail; you will then come to the chat Al Foster Trail; make a right turn onto the Al Foster Trail and follow back to where you started. (SEE MAP ON SECOND PAGE.)

FUN FACTS:

- The Al Foster Memorial Trail was established in 1993 in partnership between the Missouri Department of Natural Resources, St. Louis County Department of Parks and Recreation, Great Rivers Greenway, Meramec River Recreation Association, and the City of Wildwood.
- The Al Foster Memorial Trail follows the original route of the Pacific Railroad, constructed in 1854.
- Rock Hollow Trail is often referred to as "Zombie Road"...we'll leave that explanation to your imagination.
- "Zombie Road" used to be Lawler-Ford Road and was used to move sand and gravel to Old State Road.
- There are thirteen (13) total bridges on the Rock Hollow Trail.
- The Bluff View Park and Trail opened in July 2015.
- The entire Bluff View Trail System is fifteen (15) miles long.
- The Bluff View Connector Trail was completed in August 2016.
- The Bluff View Trail was created for hikers, bicyclists, runners, and equestrians.
- Don't forget to keep an eye out for the albino deer that often roam these trails.
- Just as the crow flies, a bear was found in Eureka.

Bluffview Trail Network

Trails

-  Bluffview
-  Gravel Al Foster
-  Paved Rock Hollow
-  Connector Trails
-  Parking
-  Restrooms

HIKE # 1 MAP:

