



CABIN FEVER HIKING CHALLENGE



HIKE #2

(MARCH 1 - 21, 2021)

Location: Al Foster Memorial Trailhead located at 225 Grand Ave., 63038

Start/Finish: At the Al Foster Trailhead; where the mini railroad track crosses Grand Ave.

Amenities: Restrooms available at the parking lot near the start/finish; picnic tables and shade structures at the parking lot; over 104 parking spots at the trailhead. No potable water available

Distance: 5.07 miles (out and back)

Time: Average walking pace with few stops will take approximately 1 hour and 40 minutes.

Difficulty: The route to the Bluff View Overlook is uphill. It is not difficult or very taxing at all, but it is uphill. There are switchbacks that eliminate steep inclines. You will have to cross several dry creek crossings and will have the occasional high steps, but overall it is doable, and comfortable, for everyone. Be prepared to encounter mountain bikers! This is the main access to a very popular mountain bike route.

Scenery: The entire hike is gorgeous and offers different scenery throughout the seasons. The view at the top of the trail makes the hike more than worth the time. The solitude in the early morning hours can't be beat! This is a popular trail so on nice weekends or holidays, you will meet all types of outdoor loving people!

Equipment: Sturdy/Comfortable shoes; water always a good idea; bug spray highly recommended during summer months; food or snacks wouldn't be a bad thing; trekking poles would definitely work for some, but are not necessary; a hat certainly wouldn't hurt.

ROUTE:

From where the mini railroad tracks cross Grand Ave., enter the chat Al Foster Memorial Trail and make a left turn (east); Proceeding a short distance (about 0.2 miles on your left). There will be a large sign identifying the Bluff View Trail. Merge from the chat trail to the natural surface single track trail and go straight ahead. After a short distance you will encounter two (2) trails on your right, go straight (or to your left). From this point forward there will be little chance of getting off trail. Eventually you will come to a spectacular overlook at Bluff View Park. Once at the overlook, Proceed back the way you came to complete the hike. (If you make it to the overlook, and you need a restroom, instead of turning around and heading back, continue on the natural surface or asphalt trail for .4 tenths of a mile and you will find a portable restroom.)







Map available on second page, or download the Wildwood Parks and Recreation Mobile App and you can find a trail map for this hike under the "Trail Maps" Category.

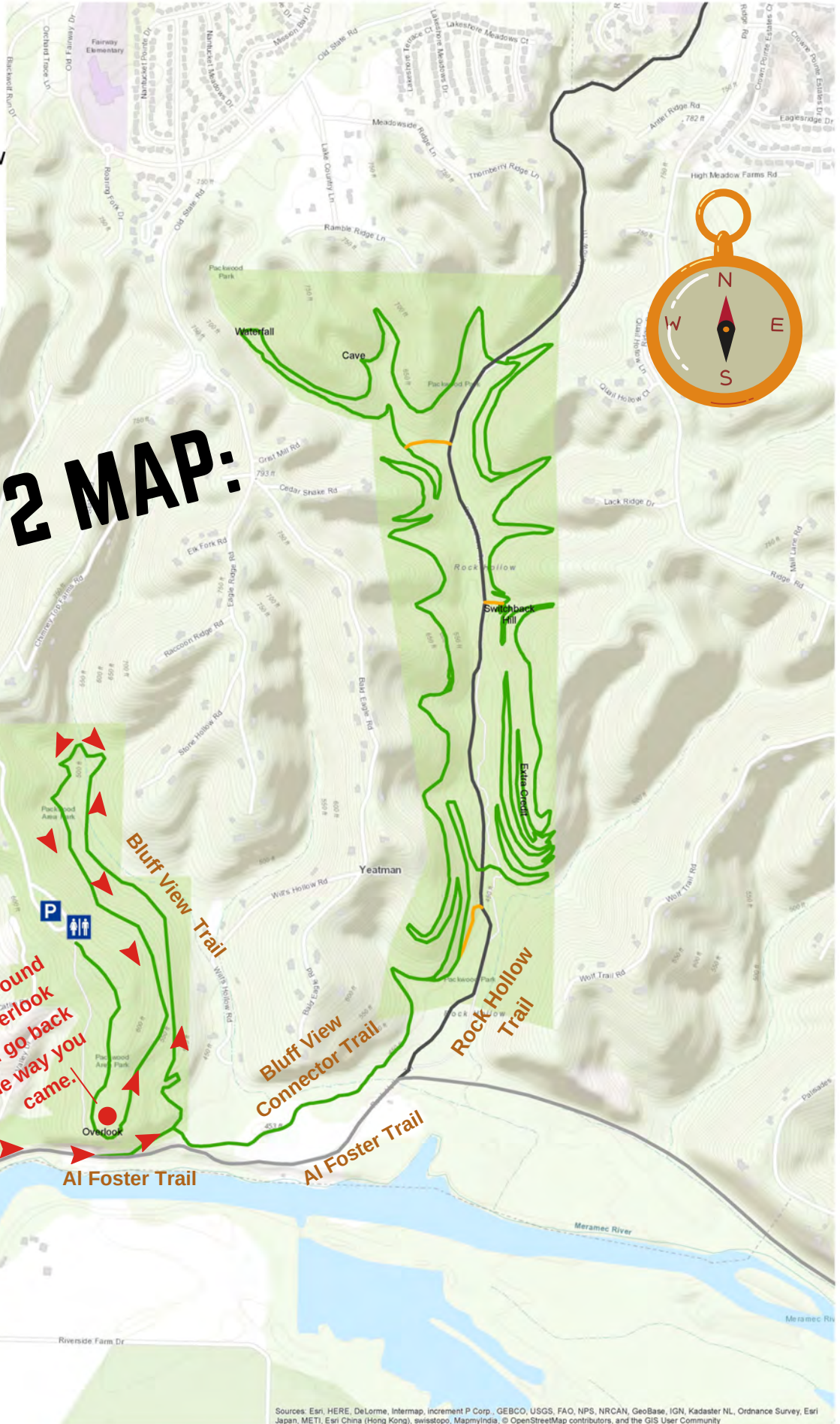
FUN FACTS:

- The Bluff View Park and Trail was established in 2015.
- Bluff View Park was once owned by the Humane Society.
- Bluff View Park was originally referred to as Packwood Park, named after the original property owner, George Packwood Jr.
- The City of Wildwood leases the property that is Bluff View Park from St. Louis County.
- Bluff View Trail was designed for equestrian users as well as walkers, runners, bicyclists, and nature lovers.
- Bluff View Park is approximately 378 acres in size.

Bluffview Trail Network

Trails

-  Bluffview
-  Gravel Al Foster
-  Paved Rock Hollow
-  Connector Trails
-  Parking
-  Restrooms



HIKE # 2 MAP:

**Turn Around
at overlook
and go back
the way you
came.**

**Start/Finish @ Railroad
Tracks**